

Inspirational People

Why do we do things for others?

What do we mean by inspirational?

- Someone you look up to
- Someone you want to be like (to emulate)
- Someone who makes you want to do something
- **Someone that makes you a better person**

Kevin Sinfield

Kevin Sinfield

- One of the most successful British Rugby League players in history
- Made his professional debut at the age of just 16 for Leeds Rhinos
- Between 1999-2005 he won 7 Super League titles (awarded to the best team in the UK), 3 World Club Challenges (awarded to the best team in the world) and two Challenge Cups (played at Wembley Stadium)
- Represented England and Great Britain 40 times
- Won the Golden Boot in 2013 (awarded to the world's best player) – only the 4th Englishman to do so
- Ended his career as the highest points scorer ever for both the league and for England



- <https://www.youtube.com/shorts/zuArmddGmsI?feature=share>
- Kev's kick
- [Kevin Sinfield for BBC Sports Personality #Kev4SPOTY – YouTube](#)
[Vote for Kevin Sinfield SPOTY 2015 – YouTube](#)

Search Kevin Sinfield

- Because of his success, if you searched Kevin Sinfield – what would you expect to find?

Band of Brothers

- In December 2019, one of Kevin Sinfield's teammates, Rob Burrow found out that he was ill.
- The disease is called Motor Neurone Disease (MND)
- It affects your ability to speak and your ability to move
- Kevin knew he wanted to help
- **'I just wanted to help a mate.'**





- Kevin immediately began his support for his friend:
- Fundraising to help find a cure
- Raising awareness about the disease
- Rob Burrow said that, **‘True friends are always there, even when times are tough.’**

- Since 2020, Kevin has completed a series of gruelling endurance challenges, all to raise money to support those struggling with the disease that his friend, Rob, had.
- Rob Burrow wore the number 7, so Kevin linked all his challenges to this number.
- Here is what he has completed since 2020:



Kevin Sinfield's 7 Challenges

- **2020 (7 in 7): Seven marathons in seven days**
- **2021 (The Extra Mile): A 101-mile ultra-marathon in 24 hours**
- **2022 (7 in 7): Seven ultra-marathons in seven days**
- **2023 (7 in 7 in 7): Seven ultra-marathons in seven days across seven cities**
- **2024 (Running Home for Christmas): Seven ultra-marathons in seven days**
- **2025 (7 in 7: Together): Seven ultra-marathons in seven days**





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- Since 2020 Kevin has raised over £11 million pounds for charities and provided and has provided priceless moments of friendship, inspiration and comfort for thousands.
 - Let's look at one now:
 - [Kevin Sinfield carries Rob Burrow over Leeds marathon finish](#)



This year is Kevin's final challenge

- **2026 (7 in 7: The Grand Finale):** Seven ultra-marathons in **seven days** starting in Hull on September 28 and finishing at Old Trafford ahead of the Super League Grand Final.
- His goal is to raise £777,777



Sir Kevin Sinfield

- Knighted in June 2026
- Only the second player in its 131-year history to be knighted for their services to the sport.

[Arise, Sir Kevin: Sinfield knighted in king's birthday honours list & interview \(UK\) 13/Jun/2026 00:46-3:00](#)



Sir Kevin Sinfield

- Selfless – always doing things for others
- Humble – Gives others the praise instead of himself
- Kind – ‘I just want to be a good mate.’
- Courageous – Taking the harder choices to help his friend.



This year we will be supporting Kevin's final challenge

- His goal is to raise £777,777
- Our goal is to raise £777.77



Your challenge today

- **Be a good friend like Kev**



‘Everyone needs a
friend like Kev’





Who was Rob Burrow?

- Sir Kevin Sinfield's teammate since the age of 13
- Won and lost together many times
- He was told when he was a child that he had 'no chance' of being a professional rugby player due to his height.
- He would go onto win 8 league titles, more than any other player in the game.
- Played over 400 games for Leeds and 20 times for England and Great Britain
- Scored what is considered one of the **greatest tries ever**



Who was Rob Burrow?

- Rob Burrow was targeted by other teams. They would see him, his build and his height and think he was the 'weak' one.
- They were often surprised by how fierce his tackling could be!



Rob Burrow Best Moments

Rob Burrow & Kevin Sinfield after the
winning the 2011 Super League
Grand Final with Leeds Rhinos

Rob Burrow's incredible solo try in the
2011 Super League Grand Final



Why was Rob inspiring when he played rugby?

- One of the smallest players ever to play the game but still succeeded
- Ferocious tackler
- Often targeted but never gave up

Why was Rob inspiring after he retired from rugby?

- Gave hope to others who were struggling
- He did not give up but wanted to still be a great father and teammate
- He said he would still make 'each day count.'
- Received an MBE in 2021, a proud day for all of his family







ROB BURROW: THE MAGNIFICENT 7



' I HOPE ONE DAY
WE FIND A CURE
AND LIVE IN A WORLD
FREE OF MND.
MY FINAL MESSAGE TO YOU
IS WHATEVER YOUR
PERSONAL BATTLE
BE BRAVE AND FACE IT.
EVERY SINGLE DAY IS PRECIOUS.
DON'T WASTE A MOMENT.
IN A WORLD FULL OF
ADVERSITY WE MUST STILL
DARE TO DREAM.
ROB BURROW, OVER AND OUT.'

- ROB BURROW CBE
1982-2024

@allontheboard

Rugby legends, fundraising heroes and best friends

Rob Burrow Kevin Sinfield



*With You
Every Step*

A celebration of friendship

Your challenge today

- **Be brave**
- **Don't waste a single day**
- **Dare to dream**



“In a world full of adversity,
we must dare to dream.”

Rob Burrow

BF Charity Fun Run

- Our goal is to raise £777.77
- £3 registration request from families
- Twenty minute slots (all) + another slot to cheer another year group on (Y1-Y6). Inflatable beaters will be available. Children are welcome to make their own boards etc.



BF Charity Fun Run

- Children to have a race number (in age order!) and a medal at the end
- Tough Runner obstacles throughout
- Parents invited to participate or spectate



BF Charity Fun Run

- NLS/Rugby Tots rugby session on the Monday (Y5+x1Y6 class to do this with class teacher – sorry)
- Class 7 in 7 challenge





- [Kevin Sinfield: 7 in 7 Together - BBC iPlayer](#)
- Start – 3:23
- 23:46 - end

Sir Kevin Sinfield has had a career playing and coaching in which sport?

- A) Tennis
- B) Rugby
- C) Hockey



Sir Kevin Sinfield wears which number in memory of his friend and former teammate Rob Burrow?

- A) 10
- B) 3
- C) 7



Sir Kevin Sinfield has so far raised how much money for charity?

- A) £10 million
- B) £11 million
- C) £12 million



Sir Kevin Sinfield has represented which of our school values?

- A) Curiosity
- B) Kindness
- C) Courage



How do some events bring communities together?

- [BBC breakfast :A very special moment : Kevin Sinfield has completed his Ultra 7 in 7 Challenge.](#) all