



'CURIOSITY, KINDNESS, COURAGE'

NEWSLETTER FRIDAY 16TH JANUARY 2026

Kenbrook Road, Hucknall, Nottingham
NG15 8HY

Tel: 0115 963 8845 Fax: 9638176

E-mail: office@beardallfields.org.uk

Website: www.beardallfields.org.uk

Upcoming Dates:

Week beginning: 19th January:

- **22nd Jan: Y4 & 5 girls Basketball competition**

Next term:

- **28th Jan: Y 3 visit Nottingham Castle**
- **3rd Feb: Y 5 & 6 mixed Basketball competition**
- **5th Feb: Family drop-in session 3.15pm**
- **10th Feb: Safer Internet Day**
- **13th Feb: INSET DAY**

Breakfast and After-School Club

We have spaces available at our breakfast and after school club. Please contact Mrs Laverick for more information – outofschoolclubs@beardallfields.org.uk

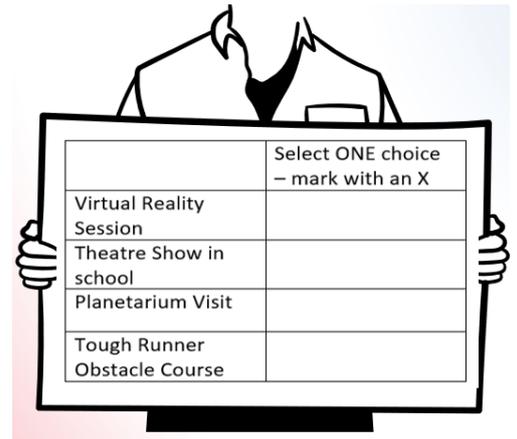
British Values – Democracy

This week in one of our assemblies we focused on our British Value of democracy. To put this into action, we held a vote across school which was:

'Which activity would you like to experience during Broadening Horizons Week?'

The choices were: Virtual Reality, Theatre Show, Planetarium Visit, Tough Runner Obstacle Course.

The children will be told the results next week!



KS1 Dodgeball Competition



Well done to our KS1 children who represented our school beautifully at Edgewood on Tuesday in a Next Level Sports dodgeball competition.

They played amazing well and came third, well done to all and thank you to the staff who took them.



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NSPCC

To follow on from our assembly last week, the NSPCC came to deliver some lessons in Y2, Y5 and Y6 on keeping safe in real life and online. The gave advice to the children on who to contact if they ever feel unsafe. The NSPCC gave us this feedback about their volunteers experience:

“Fabulous school, all staff and pupils were very engaged, teachers in all classes interacted and took part with the children which is great to see.”

If you have any concerns or questions around the content or the safety of your child or another, please get in touch.



Be U Hub

Year 6 have had visitors in this week to help the prepare for SATS and their next school transition. They have learnt strategies to help them when feeling anxious and enjoyed a game of self-regulation bingo! The children all took a book home to discuss with parents. Please use this link for more information

[Home - Be U Hubs](#)



Emotional Regulation

Stress and overwhelm can disrupt how we manage emotions like anger or sadness, often leading to withdrawal or expressions of distress, both verbal and physical. Understanding the connection between the mind and body can help us develop strategies to manage these challenges and support overall well-being.



Anxiety

Anxiety can feel like an invisible weight, a constant presence that shadows our every step. Yet, by acknowledging and understanding it, we can begin to navigate its challenges, finding strength and resilience in the process.



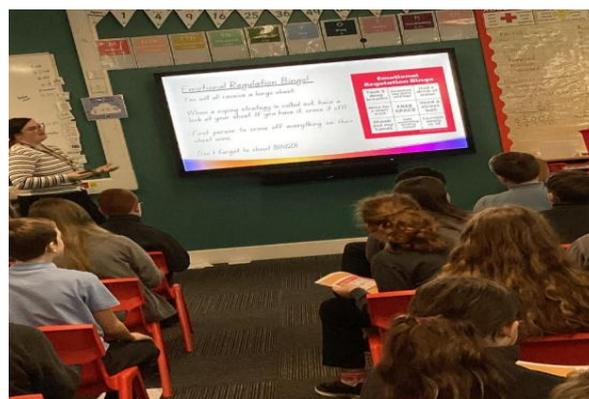
Relationships

Relationships are the intricate dance of connection and communication, where mutual trust and understanding form the foundation. They require effort and empathy, but through shared experiences and growth, they enrich our lives in profound and meaningful ways.



Celebrating Our Identity

Our unique identity is woven from diverse threads of culture, experience, and self-expression. Celebrating our identity means honouring every facet of what makes us who we are, acknowledging our roots, and embracing our individuality with pride and joy.





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Around the Classrooms

This half-term the children will be studying the following:

- Nursery: How Do We Look After Animals?
- Reception: My Community
- Y1: Why and How Were Castles Built?
- Y2: How Did Human Flight Become Possible?
- Y3: How Has Nottingham Changed Over Time?
- Y4: What Have the Romans Done for Us?
- Y5: What Does It Take To Become a Scientist?
- Y6: How Can We Classify Animals?

Rail Safety Award

We have now achieved our 'Bronze Award' from the Rail Safe Friendly Programme for the messages we have shared with the children around rail safety. For further information or guidance do follow the link below. This is particularly prevalent in our community given our proximity to the rail and tram network.

THE RAIL SAFE FRIENDLY PROGRAMME

The Rail Safe Friendly programme has educated over **3 million young people** on the dangers of the railways.

Discover our FREE rail safety videos and keep your children safe by visiting railsafefriendly.com

DON'T LET YOUR CHILDREN BECOME THE NEXT STATISTIC

Simon Frazer, Principal, Guilsborough Academy
"I implore you to listen to Harrison's story"

According to the **ORR Report**, April 23 - March 24 on UK railways:

12	58%	42%
people died in accidents while trespassing	were struck by a train or tram	were electrocuted

According to **Rail Safe Friendly**, July 25:

120+	11,000+	20,000+
companies support the programme	schools in the UK have engaged	UK schools still need to be reached



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Healthy Family Team - Winter Newsletter

Healthy Family Team Newsletter for Primary Schools

SEND
The Healthy Family Team may be able to contribute to EHCP requests and Annual reviews when actively working with your child/young person or where they have been involved within the last 12 months. Please inform your EHCP case worker or school. **SENco** if input is required.

Speech and Language
Do you have any questions or concerns about your child's talking or communication? We are happy to help, please call the advice line on: **0300 123 3387 OPTION 1**

Health For Kids Website
This website offers a fun, engaging and interactive way for children to learn about health. It links parents and children to appropriate health and wellbeing services. You can download articles into other languages at the click of a button on the **ReachCheck** task bar.

Parentline
Text 07520 619919
This is a text messaging service delivered by the Healthy Family Team for parents and carers. Monday to Friday, from 9am to 4.30pm

Advice Line
Telephone 0300 123 5436
This is for parents, carers and practitioners who want to speak to the Healthy Family Team for advice or support. Monday to Friday, from 9am to 4.30pm

Nottingham City Contact
This is for parents, carers and practitioners who want to speak to the Children's Health Advice Hub for advice or support. Call: 0300 300 0040

Doncaster Contact
This is for parents, carers and practitioners who want to speak to the Doncaster Health Visiting Team for advice or support. Call: 0300 021 8997

Winter
Use this resource wisely! All feedback is appreciated. Please contact The Health Promotion Team: Call: 0115 8788130 Email: HealthPromotionTeam@nottingham.nhs.uk

How to translate the website
You can translate the website using the symbol highlighted in the image below. By clicking on this symbol you open an options menu with different languages. Once you select the language of preference, the page will be automatically translated.

www.healthforkids.co.uk

And finally, some snow pictures from last week...





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Attendance

School Attendance Target	96 %
Attendance this week	95.86 %
Class(es) with the highest attendance this week	11 – 99 %

Safeguarding

We believe that safeguarding children is everyone's responsibility. At Beardall Fields we are committed to keeping our children safe from harm. Mr Drayton, Miss Collins, Mr Fearn, Ms Ottley, Mrs Simpson and Mr Sellers are our Designated Safeguarding Leads (DSLs) and have responsibility for safeguarding and child protection. If we have any concerns reported to us, we will always take action to protect a child and inform the relevant agencies where necessary.

Supporting Learning At Home

There are several ways you can help your child with learning at home. Log onto any of the following sites we have subscribed to or pick up a book from The Reading Olympiad. If you have any questions about log in details or wish for work to be set for your child, please contact their class teacher.

Your child's new reading diaries should include:

- Mathematics (Reception-6)
- Times Table Rock Stars (Y2-Y6)
- Reading Eggs (Reception-Y2)
- Purple Mash (Nursery-Y6)

Outside of School

We will always post at the end of our newsletter events and activities that are occurring within our local community.



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Support from Hucknall Family Hub

Hucknall Family Hub provides support to families expecting a baby or who have a child aged 0 – 19 years.

The Family Hub can provide support with:

- Preparing for a baby.
- Children's developing, including listening and communication.
- Playing with your child.
- Your child's sleep.
- The emotional health of your child.
- Children's behaviour.
- Feeding your child (including weaning support, breastfeeding support and fussy eating).
- Increasing your confidence.
- Domestic abuse (in partnership with women's aid).
- Volunteering opportunities.
- Signposting to other agencies.



To request support, scan the QR code to complete the enquiry form.

You can also come along to our weekly groups (term time only)

- BABES (Breastfeeding Support Group)
Monday 1pm – 2:30pm
- Under 1's (for children aged under 1)
Tuesday 1pm – 2:30pm
- Stay and Play (for children aged under 5)
Friday 10am – 11:30am

Self weigh for your baby is available Monday – Friday 9am – 4:30pm

For more information, please call the Family Hub on 0115 977 3748 or email us at FHAshfield@nottscc.gov.uk.

Helping families get the right support at the right time



Nottinghamshire
County Council

T: 0115 9773748
E: familyhub@nottscc.gov.uk
W: www.nottscc.gov.uk
FamilyHub@nottscc.gov.uk

RATTLE
& ROLL
PERFORMANCE



February Holiday Clubs



Open to all children aged 3 to 11 years

Activities include dodgeball, dance, drama, yoga, multi skills, ball games, art and crafts, team and confidence building activities and much more.



RUNNING AT:

- Banks Road Infant & Nursery School, Toton
- Hucknall Flying High Academy
- PERFORM at Jesse Gray Primary School, West Bridgford
- Millside Spencer Academy, East Leake
- Rosecliffe Spencer Academy, Edwalton
- St Edmund Campion Catholic Primary, West Bridgford
- St Peter's Academy, East Bridgford
- Westdale Junior School, Mapperley
- KPOP at Woodthorpe Infant School

HOW TO BOOK:

Scan the QR code or visit our [website](http://www.rattleandrollperformance.com)



rattleandrollperformance.com
enquiries@rattleandrollperformance.com
07722 014301



Follow us on social media



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**DRAMA
*KIDS***

30!
YEARS OF
DRAMA EDUCATION

BOOK A FREE
TRIAL CLASS

**DEVELOPING CONFIDENCE,
COMMUNICATION AND CREATIVITY**

Our innovative and imaginative curriculum incorporates role play, improvisation and structured performance.

Our one-hour classes for young people from ages 4-18 encourage:

- * **Enthusiasm and energy**
- * **Ongoing confidence**
- * **Self-esteem**
- * **Communication skills**
- * **Effective social interaction**

**Unlock your child's
potential!**

**Contact us now to
find out more!**



07751 219 840



nottingham@dramakids.co.uk



HUCKNALL, ST JOHNS CHURCH HALL
NG15 7FQ TUESDAYS 4-5PM 4-11 YEARS

www.dramakids.co.uk



Looking for professional football sessions for ages 2-12 that are fun,
no-pressure and led by experienced coaches?

New Saturday sessions starting
this month in **Carlton**:

9.30am: 4-7s
10.30am: 8-12s

All coaches are
experienced,
fully-trained and
DBS certified



League teams and beginner
training running throughout the
week in **Arnold, Forest
Fields, Hucknall and
Bestwood**



**STAR STRIKE
FOOTBALL COACHING**

Membership starts at £5.50/session or pay-as-you-play
With 200+ happy members, we're the best around!

07775 687682 or pbbi.uk/StarStrikeFootball

