



'Inspire, Respect, Succeed'

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Dear Parent/Carer,

Relationships and Health Education

As recently indicated on our newsletters, as a school we have decided to review our PSHE/ RSE policy and from September 2025 we are following a whole school approach to promoting positive behaviour, mental health, wellbeing, resilience and achievement through SCARF. SCARF is a scheme of work which supports the teaching of PSHE throughout school all the way from Nursery to Year 6. It represents the core values of; Safety, Caring, Achievement, Resilience and Friendship and this will provide us with everything we need to meet the Relationships and Health Education Statutory Requirements. We firmly believe that this scheme of work promotes our whole school ethos and will give our children the right tools to become independent, thoughtful and informed individuals going into the wider world.

Parents may be aware that as of September 2021, Relationships Education become compulsory for all pupils receiving primary education. Health Education and PSHE remained compulsory. All schools remain required to comply with the relevant requirements of the Equality Act 2010. Schools must also ensure that RSHE is accessible for all pupils and this is complicit with our SEND Code of Practice.

Our RSE/PSHE section on the website details the following information which may be of interest to parents:

- Our RSHE Policy
- Our new Long Term Plan which indicates what is taught and when within each year group
- RSE FAQs
- Statutory Guidance for Schools (from the Department for Education)
- Guidance for Parents (from the Department for Education)

Parents and carers are reminded that they cannot withdraw children from Relationships Education. However, if you do not want your child to take part in some or all of the lessons on Sex Education, you can ask that they are withdrawn. How to do this is detailed in our policy. Please note that the science curriculum in all maintained primary schools also includes content on human development, including reproduction, which there is no right to withdraw from.

As part of rolling out our new scheme in September 2025, we are gathering some parental views on RSE at Beardall Fields. We would appreciate your time in filling out this short survey. Answers will allow us to both improve the provision we offer and ensure we are communicating any information requested by parents. The deadline to complete the survey is Monday 3rd June at 3:00pm

<https://forms.office.com/e/kGvnJN5Ey6> or scan the QR code to the right.



Please feel free to browse SCARF on their website paying particular attention to the FAQ's section for parents should this be of interest to you <https://www.coramlifeeducation.org.uk/scarf>

We recognise that parents play a vital part in their child's RSE and we look forward to working together for the benefit of all pupils in the months to come.