

Reading Olympiad

Year 4

2024-2025

A guide for parents and children

The Importance of Reading

At Beardall Fields, want our children to love reading, to read widely and read often. The impact of reading on your child's education cannot be overstated. All research indicates that reading has a **powerful effect on their achievement**, across all areas of **the curriculum** and into other areas of life (including self-esteem, better sleep, combatting loneliness and general life satisfaction)! Here are some key research findings:

"Reading for pleasure is crucial for a child's cognitive development and is a more powerful factor in their life than socio-economic background."	"Reading aloud is essential for developing fluent reading ability."	"Regular reading (just 20 minutes a day) can be worth two whole GCSE grades!"
	"Regular readers outperform their non-regular reading peers in every curriculum subject by the end of year six".	
19% of regular readers say it helps to prevent loneliness.	Children and adults, who read for just 30 minutes a week, are 20% more likely to report greater life satisfaction.	Readers have better self- esteem and regular sleeping patterns (which comes with attached physical health benefits).

The Reading Olympiad is our way of encouraging children to engage with reading through a range of high-quality texts: both fiction and non-fiction. The books you will find on the next few pages are by no mean an exhaustive list but have been proven to be loved by huge numbers of avid readers recently or through the ages.

It is impossible to overstate the importance of reading – listening to others read, reading aloud, and reading to yourself - it all helps to build a foundation for academic success. <u>This is why at Beardall Fields we expect children's reading diaries</u> to be signed by parents AT LEAST once a week, regardless of age.

We hope you enjoy the Olympiad. Happy reading!

See the following for the research that has been quoted above: Billington, J. (2015) <u>Reading between the Lines: the Benefits of Reading for Pleasure</u>. Quick Reads, University of Liverpool Sullivan and Brown (2013) <u>Social inequalities in cognitive scores at age 16: The role of reading</u>.



The Reading Olympiad is scored in the same way as last year. There are different ways we are now encouraging children to read and be rewarded:

- Reading at home
 - Each child will have a race track to complete over the course of the year they will fill in ONE square of the race track for every day that they read at home. Every time a child completes a lap they will be able to collect a different reward. See how many laps you can do over the course of the year and collect all the different rewards!
 - Reading THREE times a week at home will be rewarded with an extra playtime.
- Reading at school
 - Incentives and rewards for reading will still continue at school, led by staff working in your child's class. This could be a whole class reward (e.g. choosing time) or individualised (e.g. extra playtime, certificate). Staff will adapt this from class to class to meet the needs of the children.

Reading diaries will be checked once a week by members of staff and we will contact parents where a child has not read at home to remind them of its importance.

We will continue to encourage reading and reward children through our school POWERs system for demonstrating a positive attitude to learning.











Max and the Millions Ross Montgomery

Desirable By Frank Cottrell Boyce



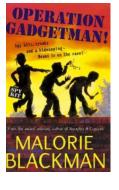
There's a werewolf in my tent! By Pamela Butchart

> The I3-storey Treehouse By Andy Griffiths



An Edition of First News Various Authors

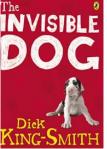
> Peppermint Pig By Nina Bawden



Operation Gadgetman By Malorie Blackman

> **Toad Rage** By Morris Gleitzman





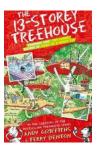
The Invisible Dog

By Dick King Smith

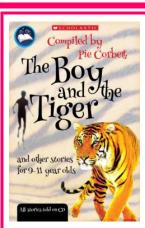
Any of the Curriculum Books in your class

Various Authors





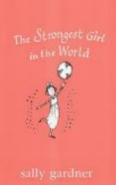




The Boy and the Tiger Compiled by Pie Corbett

Any of the Horrible Histories/Science/Geography Series

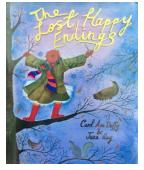
Various Authors



The Strongest Girl in the World By Sally Gardner

Walking the **Bridge of your** nose By Michael Rosen



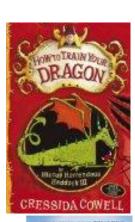


The Last **Happy Endings** By Carol Ann Duffy and lane Ray

Ice Palace

By Robert Swindells

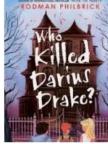




How to Train Your Dragon By Cressida Cowell

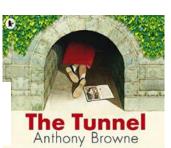
> **Beaver Towers: The** Witches Revenge By Nigel Hinton





Who Killed **Darius Drake?**

The Tunnel By Rodman Philbric By Anthony Browne







Year 4 Classics



The Lion, The Witch and The Wardrobe By C. S. Lewis



The Famous Five By Enid Blyton

> **The Secret Seven** By Enid Blyton

Stuart Little

By E. B. White





Out of India By Jamila Gavin

> Charlotte's Web By E. B. White





The Secret Garden SECRET GARDEN By Frances Hodgson Burnett



Swallows and Amazons



By Arthur Ransom

Any of the Oxford Reading **Tree 'Greatest Stories' Series**



Any of the Oxford Reading Tree 'Myths and Legends' Series

