

	Autumn: Relationships			Spring: Living in the wider world			Summer: Health and wellbeing		
	Families and Close positive relationships	Safe Relationships	Respecting ourselves and others	Belonging to a community	Media Literacy and Digital Resilience	Money and Work	Physical Health and Mental Wellbeing	Growing and Changing	Keeping Safe
Year 1	Roles of Different People; families and feeling cared for	Recognising privacy; staying safe; seeking permission	How behaviour affects others; being polite and respectful	What rules are; caring for other's needs; looking after the environment	Using the internet and digital devices; communicating online	Strengths and interests; jobs in the community	Keeping healthy; food and exercise; hygiene and sun safety CWP-Medicines and people who help us (staying healthy)	Recognising what makes them unique and special; feelings; managing when things go wrong	How rules and age restrictions help us; keeping safe online
Year 2	Making Friends; feeling lonely and getting help	Managing secrets, resisting pressure and getting help. Recognising hurtful behaviour	Recognising things in common and differences; playing and working cooperatively	Belonging to a group; roles and responsibilities; being the same and different in the community	The internet in everyday life; online content and information	What money is; needs and wants; looking after money	Why sleep is important; medicines and keeping healthy; keeping teeth healthy; managing feelings and asking for help	Growing older; naming body parts; moving class or year CWP-Differences (naming body parts) REVIEW	Safety in different environments; risk and safety at home; emergencies CWP-Keeping safe (risk, safety rules)

Year 3	What makes a family; identify common features of family life CWP- Valuing difference and keeping safe (help and support)	Personal boundaries; safely responding to others; impact of hurtful behaviour CWP- Valuing difference and keeping safe (personal space)	Recognise that some things are private and the importance of respecting privacy CWP- Valuing difference and keeping safe (personal space)	The value of rules and laws; rights, freedoms and responsibilities	How the internet is used; assessing information online	Different jobs and skills; job stereotypes; setting personal goals	Health choices and habits; what effects feelings; expressing feelings	Personal strengths and achievements; managing and re-framing setbacks	Risks and hazards; safety in the local environment and unfamiliar places CWP- Year 2 Keeping Safe (Risk, Hazardous substances, safety rules)
Year 4	Positive friendships, including online	Responding to hurtful behaviour, managing confidentiality and recognising risks online	Respecting differences and similarities, discussing difference sensitively	What makes a community; shared responsibilities	How data is shared and used	Making decisions about money; using and keeping money safe	Maintaining a balanced lifestyle; oral hygiene and dental care	Physical and emotional changes in puberty; external genitalia; personal hygiene routines; support with puberty CWP- Growing Up (changes, what is puberty?)	Medicines and household products; drugs common to everyday life
Year 5	Managing friendships and peer influence	Physical contact and feeling safe	Responding respectfully to a wide range of	Protecting the environment; compassion towards others	How information online is targeted;	Identifying job interests and	Healthy sleep habits, sun safety, vaccinations	Personal identity; recognising individuality	Keeping safe in different situations; including

			people, recognising prejudice and discrimination		different media types; their role and impact	aspirations; what influences career choices; work place stereotypes	immunisation and Allergies	and different qualities; mental wellbeing	responding in emergencies; first aid and FGM
Year 6	Attraction to others, romantic relationships, civil partnership and marriage	Recognising and managing pressure; consent in different situations	Expressing opinions and respecting other points of view, including topical issues	Valuing diversity; challenging discrimination and stereotypes	Evaluating media sources; sharing things online	Influences and attitudes to money and financial risks	What effects mental health and ways to take care of it; managing change, loss and bereavement; managing time online	Human reproduction and birth; increasing independence; managing transition CWP- Puberty, Relationships and Reproduction	Keeping personal information safe; regulations and choices; drug use and the law; drug use and the media