



Intent

To ensure all of our children at Beardall Fields Primary School leave our school with:

- An understanding of what a positive relationship is
- How to be a respectful member of society
- To be able to celebrate difference in views and religious belief
- To understand their own body and the changes it endures
- How to maintain a healthy lifestyle, both physically and mentally
- How to keep themselves safe and the importance of healthy friendships
- To promote the spiritual, moral, cultural, mental and physical development of pupils
- To help prepare our children for a life in a digital age

Implementation

The ways we will implement our intent in school:

- A clear long term plan and scheme of work, which will be reviewed and assessed regularly to ensure it meets the needs of our children and our local community
- Clear and explicit age appropriate taught sessions of PSHE focused upon; Relationships, Living in the Wider World and Health and Wellbeing including SRE.
- A belief that every child will have knowledge and understanding of these aspects in order to leave Beardall Fields Primary School feeling confident in their next steps.
- Closely linking PSHE to other areas of the curriculum (PSED, Science and Understanding the World, P.E and Physical Development, Religious Education etc)
- Through inviting external providers into school e.g; school nurse, D.A.R.E, police etc
- Implementation of rules; within school, within the classroom and throughout our behaviours for learning.
- Through a supportive classroom environment, which is non-biased, encourages freedom of speech and positive communication skills
- School council meetings and assemblies

Impact

Children will leave Beardall Fields with a deep understanding of;

- Healthy Relationships, both socially and physically and how to resolve problems in unhealthy relationships
- Children will be confident in ways to keep the body healthy, physically and mentally
- Children will be equipped with the knowledge of how their body changes over time,
- Children will understand the importance of staying safe, both personally and virtually.
- Children will have a deep understanding of respect; for both themselves and others as well as empathy.
- Children will be able to self- regulate and manage conflict appropriately