



### **1. Intent:**

**The aim of our PE curriculum at Beardall Fields is:**

- To nurture a love of PE, sport, exercise and personal development for all of our children.
- For our children to have an open mind about trying new physical activities and sports so that they give themselves every opportunity to find their passion.
- For our children to have an understanding of both the physical benefits of exercise, but also the benefits that it can have on emotional wellbeing.
- For our children to be able to reflect upon their own performance (and that of others) and consider ways in which it could be improved.
- To ensure that PE and sport is inclusive and is adapted where necessary to provide the opportunity for all children to take part effectively.

### **2. Implementation:**

**The ways in which we implement these in school is through:**

- Providing every child with two hours of timetabled PE per week.
- A clear and structured PE curriculum which is underpinned by a clear progression of skills from F1 to Y6.
- Providing opportunities for children to take part in competitions with themselves (PBs), their peers (PE and Young Ambassador challenges) and other schools (Next Level Sports competitions, football, netball competitions etc.)
- Enrichment days and activities that introduce children to a broader range of new activities and sports (try a sport day, tri-golf, lacrosse, orienteering, ultimate frisbee, skateboarding and external provider taster sessions).
- Signposting children to clubs outside of school, through links with the community
- Utilising the Sports Premium money to provide long term positive outcomes for the children (including CPD, equipment for extra-curricular activities etc.)
- Where necessary providing extra timetabled support for children who may need supplementary physical development opportunities.
- Provide opportunities for SEND children to take part in inclusive competitions and sports clubs.

### **3. Impact:**

**The impact of this will be/is:**

- Children will develop a life-long passion for PE and sport through the delivery of a high-quality, diverse PE curriculum
- Children will strive to improve themselves and will develop a competitive nature.
- Children will enjoy PE lessons through maximum pupil active engagement.
- Children will build up their skills, allowing them to be successful with the physical, tactical and competitive sides of sport.